

**The School District of Palm Beach County, Florida**  
**School Food Service Department**

**High School Approved A La Carte Beverages for SY 2012-2013**

**Alliance For A Healthier Generation's Guidelines**

- ☞ Water in any size container
- ☞ Low calorie drinks – Any size container (≤ 10 cal/8 oz.)
- ☞ ≤ 12 oz. milk, light juice, juice, and sports drinks
- ☞ ≤ 150 cal/8 oz. fat-free or low-fat milk
- ☞ ≤ 120 cal/8 oz. 100% juice (NO added sweeteners) AND 10% DV for 3 micronutrients
- ☞ ≤ 66 cal/8 oz. light juices and sports drinks
- ☞ ≥ 50% beverages are water and no or low calorie options (≤ 10 cal/8 oz.)

Beverage	SFS Item #	Size	Meets AHG
<b>Sysco Food Bid</b>			
<b>Zephyrhills Water</b>	2009	8 oz.	Y
<b>Zephyrhills Water</b>	2008	16.9 oz.	Y
<b>Juice (Aseptic) – Juicy Juice</b> Apple, Berry & Fruit Punch	2019 - ABC	4.23 oz.	Y
<b>V8 Fusion</b> Pomegranate Blueberry Strawberry Banana	2035 A 2035 B	8 oz.	Y
<b>Fruit 66 – 100% Fruit Juice</b> Mixed Berry, Passion Fruit, Strawberry Melon, Tropical Fruit Punch	2037 ABCD	8 oz.	Y
<b>Cool Juice – 100% Fruit Juice</b> Fruit Punch & Mango Groove	2036 A&D	8 oz.	Y
<b>Gatorade G2</b> Grape, Orange	2022 AC	12 oz.	N
<b>Arizona Iced Tea</b> Lemon, Raspberry, Green Tea	2014 ABC	11.5 oz.	N
<b>Propel Fitness Water</b> Lemon, Kiwi Strawberry, Berry, Black Cherry	2018 ABDE	16.9 oz.	Y
<b>Island Oasis Smoothie</b> Assorted Flavors	See MO in WebSmartt	10.0 oz.	N
<b>Borden Dairy Company of Florida</b>			
<b>Milk</b> Skim Fat Free Chocolate 1% Low Fat Unflavored	4467 4470 4492	8 oz. 8 oz. 8 oz.	Y
<b>M&amp;B</b>			
<b>Juice</b> Assorted Juice Flavors	See Order Form	4 oz.	Y
<b>Snapple 100% Juiced</b> Assorted Flavors ( <i>Regular</i> )	2069	11.5 oz.	Y

**Disclaimer:** The intention of The School District of Palm Beach County's School Food Service Department is to transition the sale of all a la carte beverages to align with the Alliance for a Healthier Generation's Beverage Guidelines. Please note that although some beverages may not meet the AHG guidelines, all beverages listed on this document are approved for purchase.